

PARACORD SURVIVAL BRACELET

HOW-TO INSTRUCTIONS

Tools needed: Scissors/ knife, lighter/matches - Buckle and 8-10' Paracord (included in kit)

Before you start:

If using one color paracord, use the supplied 8-10 foot piece of rope. If you are creating a two-color bracelet, then fuse 2- four to five foot pieces together by heating each end until melting and press the two pieces into each other (practice with scrap rope until you have figured it out). Be careful as the melted nylon can burn your skin. Children should have adult supervision.

Taking your wrist measurement:

Measure your wrist size by wrapping a piece of paracord (a little loosely) around wrist and marking the spot where the ropes meet. Do not have too tight a measurement as the finished bracelet is stiff and will probably be too small.

Using the paracord in the kit as seen in Step 1:

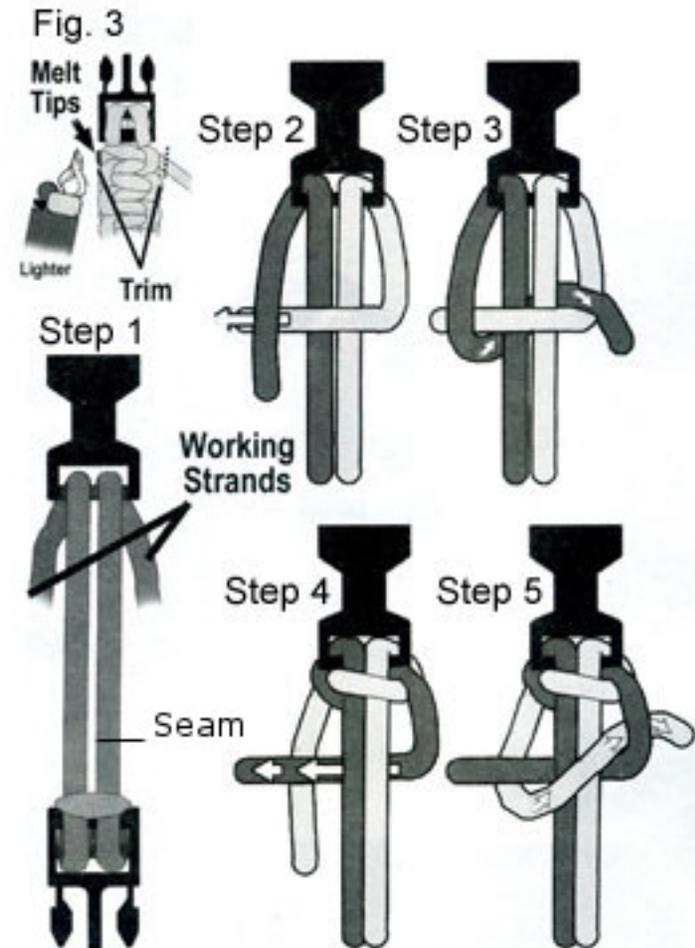
1. Pop the buckle apart into its two pieces.
2. Bring the midpoint of the rope through either one of the buckle ends to create a small loop. If working with a two color bracelet, place fused seam about 1/2" away from buckle end as shown in Step 1
3. Feed both of the tail ends through the loop.
4. Pull on the tails until tight at the buckle and make sure the fused section of the ropes is not bulky. This type of knot is called a Lark's Head knot.
5. Lay the rope with the marked spot against a ruler and determine your wrist size. Bring the other buckle end down the tail ends of paracord leaving the length of your wrist size between the buckles.

Now to make the weave:

1. The knot here is simple
2. Starting with the strand on the right (white in Step 2), the strand goes over the center double strands crossing under the strand on the left (black in step 2)
3. Then loop black strand under the center double strand and through loop on opposite side. (Step 3)
4. Finish this knot by simply pulling ends tight.
5. Now reverse the weave by taking the strand on the right (black in step 4) and going behind the two center strands.
6. Then loop the white strand on the left under the black and over the two center strands and through the loop on the opposite side (Step 5)
7. Finish by pulling the ends tight.
8. Keep repeating the knot, switching back and forth, and be sure to always tighten the same amount each time and do not over-tighten, as it will become quite rigid.

How to finish the bracelet:

1. Once you have made your way back to the fused sections of rope, repeat the knot one more time and it will cover up the fused area.
2. Cut each tail end of the ropes close to the bracelet, leaving enough material (about 1/8" to 1/4") to heat up and melt to create a mushroom that will hold rope ends in place. As in figure 3.



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